## **100% ORGANIC**





# PRODUCT INFORMATION

Imagine yourself surrounded in the enveloping scent of a summer time forest to gently release stress from the body. Formulated from the gentle aromas of the Swiss Stone pine that's sweet and lightly aromatic, joined with the wildflowers of the forest. Peaceful Forest body scrub creates a soothing spirit to release stress. As you indulge yourself in this scent you can almost hear the gentle stream and the songs of the birds through the trees. It's the best of summer time in the forest, without the bugs!

## **DIRECTIONS FOR USE**

In the bath or shower, massage a generous amount into wet skin. Rinse off throughly with warm water. For external use only.

#### **INGREDIENTS**

Cocos nucifera (coconut) sugar, Cocos nucifera (coconut) oil, Simmondsia chinesis (jojoba) seed oil, honey, blend of essential oils

#### POINTS TO BE AWARE OF

We make all of our body scrubs from either a salt base, made from fine grain dead sea salt, or organic coconut sugar. Each makes an amazing base, and we suggest that you use both—just at different times of the year.

In the warmer months (April-September in our neck of the woods) the pH levels of your skin change as your body warms up and perspires more often. During this time, the salt scrub is most appropriate. In the colder months of the year (October-March) your skin profile changes again, and then the sugar scrub is your best bet.

If you are lucky enough to live somewhere in the world where the temperature is warm all the time, then just go ahead and use the salt scrub year-round.

Of course, it's just the opposite for our friends in the super northern, or extreme southern parts of the world. Your skin will thank you for using the sugar version of the scrub.

The same goes for folks that have extremely dry skin, year-round, no matter what—in that case I'd recommend using the sugar version of the scrub, no matter what the calendar says.

Swiss Stone Pine Chlorocardium rodiei

Brings forth the spiritual messaging to assist the body to gently let go of stress -helping you to take a deep breath and remember: It's all going to be ok.